



Ballet Art Katoomba

2025 Information Pack

Ballet Art Katoomba specialises in teaching classical ballet and contemporary dance to students of all ages, from toddler to adult, teaching correct technique in a positive, supportive and nurturing environment.

Welcome from our Principal, Miss Courtney

Welcome to Ballet Art Katoomba.

I teach our Little Leaper to Grade 1 students. As well as teaching I am always busy behind the scenes and will be your main point of contact throughout the year.

Joining myself on the teaching staff are our wonderful teachers: Miss Sue, Miss Natalie and Miss Fiona. See below for more information about our teachers and what classes they teach. Ballet Art Katoomba aims to provide a positive dance experience while delivering excellence in dance teaching and we do this by:

- teaching our students correct technique while nurturing their love of dance
- having the student's personal growth and development at the heart of our teaching
- providing qualified and experienced teaching staff

I look forward to meeting you soon. If you have any questions, please feel free to get in touch via email: admin@balletkatoomba.com

Miss Courtney

2025 Timetable

	Studio 1		Studio 2
Tuesday			
4:00 – 5:00	Grade 5		
5:00 – 5:45	Junior Conditioning Class		
5:45 – 7:00	Grade 6		
7:00 – 8:15	Open Class		
Wednesday			
9:15 – 9:45	Little Leapers		
10:00 – 10:30	Preschooler Ballet		
3:30 – 4:00	Pre-Primary		
4:00 – 5:00	Grade 2	4:00 – 5:00	Junior Contemporary
5:00 – 6:00	Grade 4	5:00 – 6:00	Senior Contemporary
6:00 – 7:15	Grade 6		
Thursday			
11:00 – 12:00	Adult Class		
12:00 – 12:30	Adult Class Extension		
4:30 – 6:00	Intermediate		
6:00 – 6:45	Senior Conditioning		
6:45 – 8:00	Adv Syllabus Programme		
Saturday			
10:00 – 10:30	Preschooler Ballet	10:00 – 11:00	Grade 2
10:45 – 11:15	Pre-Primary	11:00 – 12:00	Grade 4
11:30 – 12:15	Primary	12:00 – 1:00	Grade 5
12:30 – 1:30	Grade 1	1:00 – 2:00	Intermediate
		2:30 – 3:45	Adv Syllabus Programme
	NEW in 2025	3:45 – 4:45	Adult Syllabus Class

Miss Sue	Miss Courtney	Miss Natalie	Miss Fiona
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Teachers for 2025

Miss Courtney

Principal and Classical Ballet

Born and raised in the Blue Mountains Courtney has been studying ballet since the age of four. Courtney has studied various syllabi including Borovansky, Cecchetti and RAD. At fifteen Courtney studied dance full-time with Susan Weule and Garth Welch in Leura. Courtney has achieved her Advanced 1 in both RAD and Borovansky with Honours and completed her teachers training in the Borovansky Syllabus receiving her associate diploma in 2013 and her licentiate diploma in 2018. Courtney is currently a member of the NSW branch of the Australian Institute of Classical Dance (AICD).

During her training Courtney has studied various styles of dance including classical ballet, character, repertoire, contemporary and jazz. In 2009 and 2010 Courtney successfully auditioned for Quantum Leap Youth Dance Company in Canberra and in 2014 Courtney entered Serenity, a self-choreographed piece, in the Short and Sweet Contemporary Dance Festival in Sydney.

In addition to studying dance, Courtney did further studies achieving a University Certificate in Health and Rehabilitation Science, this enabled her to further her knowledge of the body and muscle systems. Since becoming principal of Ballet Art Katoomba she has also started her own family and now has three beautiful young children.

Miss Sue

Classical Ballet and Conditioning

Susan has been teaching ballet in the Blue Mountains for the past 28 years. Prior to that she taught for (and trained at) Ecole Classique, under the tutelage of Prudence Bowen. Susan has a licentiate diploma through the Australian Institute of Classical Dance (AICD) in addition to a Certificate IV in Pilates Matwork and Reformer.

Susan's former students have:

- received full scholarships to The Royal Ballet School; The English National School; Ben Stevenson Academy (Houston); Heinz-Bosl Stiftung (Munich) and Ecole Superieure (Cannes).
- been accepted into The Australian Ballet School; New Zealand School of Dance; Scottish Ballet School; Pittsburgh Ballet Theatre; Western Australian Academy of Performing Arts; Victorian College of the Arts and London Central.
- danced with The Australian Ballet Company; LoCreado Dance Company; Opera Australia; Croatian National Theatre Company; Bangarra and Atlantic Southeast Ballet (Charleston).
- been awarded \$20,000 Mollie Askin travelling Scholarship; RAD \$5,000 Bursary (x2); Cecchetti \$7,000 Scholarship; Isobel Anderson awards; Finalist selections for the Sydney Scholarship and Semi-finalist Prix de Lausanne.

Susan has staged full-length productions of Peter Pan; Thumbelina; Cinderella; Wizard of Oz and The Nutcracker.

Susan is passionate about teaching ballet and dedicated to each of her students. Her primary goal (and satisfaction) is to help develop a love of ballet in her students.



Miss Natalie *Contemporary Dance*

Natalie began taking ballet classes at the age of 5 with Fiona James' Classical and Contemporary Dance, continuing to take lessons from her throughout her school years. During this time Natalie completed her RAD Grade 8 and Advanced Foundation exams, as well as studying contemporary dance where she performed and choreographed for local festivals and concerts.

Having lived in the Blue Mountains her whole life, Natalie went to Penrith High School where she became a Dance Leader, choreographing and teaching dance to fellow students in preparation for dance festivals, competitions and local performances. Natalie has taught both contemporary and ballet at Katoomba Dance Theatre prior to joining the teaching staff at Ballet Art Katoomba.

Natalie has recently completed her Certificate IV in Dance Teaching and Management and Borovansky Associate Diploma. She continues to take classes to maintain and expand her knowledge of the art form. She has also completed her Bachelor of Design in Interior and Spatial Design in 2016 and is currently working in the industry.

Miss Fiona *Thursday Adult Ballet Class*

Fiona has 50 years' experience as a performer and 20 years' experience as a teacher. She trained in classical ballet to the advanced levels, then took a sideways step and achieved qualifications in Science. While working in medical research for many years, she maintained her love of dance by taking classes and performing with the Bodenweiser Dance Studio, the premier contemporary dance venue in Sydney at that time.

After becoming a mother to 4 she gained her teaching qualification with the Royal Academy of Dance with distinction in 2003 and managed her own dance school from 1999 – 2015. She has since been teaching adult ballet classes for Rosatutu Dance Studio and a Seniors Contemporary dance group for Penrith Council and the Joan Sutherland Centre.



2025 Term Dates

Term 1: Mon 10th Feb – Sat 12th April

Term 2: Mon 28th April – Sat 5th July

Term 3: Mon 21st July – Sat 27th Sept

Term 4: Mon 13th Oct – TBC



Class Descriptions

Open Class

Our Tuesday evening open class is for experienced dancers with a strong ballet foundation. Suitable for dancers who have reached Intermediate level (or equivalent) and above. The class remains the same for three weeks to allow you to remember and work on exercises before changing to a new class.

Adult Ballet Class

Our adult class is for adult dancers of all ages and levels of experience, from complete beginners through to more experienced dancers. Have fun expressing yourself through dance while getting fit. Gain strength and flexibility while exercising every part of your body, mind included! Work towards your goals in an encouraging, supportive and friendly environment.

The adult class is an open ballet class, beginning at the barre and then progressing into the centre. Dancers may finish after the first hour of class or they can continue on for an additional half hour of centre work. Exercises change weekly although the structure of the class remains the same. As the term goes on you will find yourself becoming more familiar with the individual steps and routines. Dancers are encouraged to work at their own pace.

Adult Syllabus Class

In this class students will learn and work on a set of exercises throughout the year. This class will allow students to focus on strengthening their ballet technique.



What to Wear

There is no set uniform for our adult students. You are welcome to wear anything you feel comfortable in and can move in. Leggings and a t-shirt, gym clothing or ballet uniform are all acceptable. If you would like to wear a leotard and skirt you may wear any colour and design. For your feet ballet shoes are best, these are available to purchase from the studio.

How to Enrol

Please return the completed 2025 enrolment form by email and you will receive a reply confirming your enrolment. If the class has reached capacity we will contact you to discuss options.



Fee Information

2025 Fees

For our adult students we have two payment options, upfront payment for the full term (invoiced at the beginning of each term) OR casual payment per class (invoiced all together at the end of each term). A \$7.50 insurance and administration levy is charged per term, this will be added to the invoice. All prices are inclusive of GST.

If attending two or more classes per week and paying upfront for the full term a 5% discount will be applied to the invoice.

<i>Upfront Payment for the Full Term</i> If starting mid-term, fees will be charged pro rata	Total Price (10 week term)
1hr Class	\$190
1.25hr Class	\$237.50
1.5hr Class	\$285

<i>Casual Class Prices</i> Invoice sent at the end of term	Price per Class
1hr Class	\$21
1.25hr Class	\$26
1.5hr Class	\$31

Fee Policy

- Payment is due two weeks from the date of invoice.
- Payment can be made by direct deposit or cash (direct deposit payments are preferred). Cash payments must be given to a member of staff in an envelope clearly marked with the student's full name and class. Loose cash payments will not be accepted.
- If payment has not been received by the due date you will receive a reminder email. If payment has not been received by the end of the third week, a \$25 late fee will be added to your account.
- If no payment has been received within a week after the late fee is added you will be unable to participate in classes until payment has been received in full (no concessions will be made on the invoice for the lessons you have been unable to participate)
- If paying for the full term upfront missed classes will not be refunded or credited, however students may make-up any missed classes by attending an alternative adult class
- Classes are not held on Public Holidays. For students who attend two or more classes per week and are on a fee package, any classes missed due to a public holiday will not be refunded or credited however students may make-up any missed classes by attending an alternative adult class. For students who attend just one class per week, any classes that fall on a public holiday will not be charged.
- In the case of extreme weather conditions (including but not limited to snow or fire) classes may need to be cancelled for the safety of our students and teachers. In these situations, classes will not be refunded or credited although students are welcome to attend another class for a make-up lesson.

