



Ballet Art Katoomba

2023 Information Pack

Ballet Art Katoomba specialises in teaching classical ballet and contemporary dance to students of all ages, from toddler to adult, teaching correct technique in a positive, supportive and nurturing environment. Students from Primary up learn the Borovansky syllabus which comes from the Russian style of classical ballet.

Since it was established in 2008, Ballet Art Katoomba has grown significantly and seen students achieving outstanding results in competitions, events and exams.

Welcome from our Principal, Miss Courtney

Welcome to Ballet Art Katoomba. Thank you for your interest in joining our dance school.

I teach our junior students, Little Leapers through to Grade 4. As well as teaching I am always busy behind the scenes and will be your main point of contact throughout the year.

Joining myself on the teaching staff are our wonderful teachers: Miss Sue, Miss Natalie and Miss Fiona. See below for more information about our teachers and what classes they teach. Ballet Art Katoomba aims to provide a positive dance experience while delivering excellence in dance teaching and we do this by:

- teaching our students correct technique while nurturing their love of dance
- having the student's personal growth and development at the heart of our teaching
- providing qualified and experienced teaching staff

I look forward to meeting you soon. If you have any questions, please feel free to get in touch via email: admin@balletkatoomba.com

Miss Courtney

2023 Timetable

	Studio 1		Studio 2
Monday			
3:30 - 4:00	Pre-Primary		
4:15 - 5:15	Grade 3		
5:15 - 6:15	Grade 4		
Tuesday			
3:30 - 4:30	Grade 5		
4:30 - 5:15	Junior Conditioning Class		
5:15 - 6:15	Grade 6		
6:15 - 7:15	Advanced 2		
7:15 - 8:30	Open Class		
Wednesday			
9:15 - 9:45	Little Leapers		
10:00 - 10:30	Preschooler Ballet		
3:30 - 4:15	Primary		
4:15 - 5:15	Grade 2		
5:15 - 6:15	Grade 4		
		6:15 - 7:15	Contemporary
Thursday			
11:00 - 12:00	Adult Class		
12:00 - 12:30	Adult Class Extension		
4:00 - 5:30	Intermediate		
5:30 - 7:00	Advanced 1		
7:00 - 8:00	Advanced 2		
Saturday			
10:00 - 10:30	Preschooler Ballet	9:30 - 10:30	Grade 5
10:45 - 11:15	Pre-Primary	10:30 - 11:30	Grade 6
11:30 - 12:15	Primary	11:30 - 12:45	Intermediate
12:30 - 1:30	Grade 1	12:45 - 1:30	Senior Conditioning Class
2:00 - 3:00	Grade 2	2:00 - 3:15	Advanced 1
3:00 - 4:00	Grade 3		

Miss Sue	Miss Courtney	Miss Natalie	Miss Fiona
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Teachers for 2023

Miss Courtney

Principal and Classical Ballet

Born and raised in the Blue Mountains Courtney has been studying ballet since the age of four. Courtney has studied various syllabi including Borovansky, Cecchetti and RAD. At fifteen Courtney studied dance full-time with Susan Weule and Garth Welch in Leura. Courtney has achieved her Advanced 1 in both RAD and Borovansky with Honours and completed her teachers training in the Borovansky Syllabus receiving her associate diploma in 2013 and her licentiate diploma in 2018. Courtney is currently a member of the NSW branch of the Australian Institute of Classical Dance (AICD).

During her training Courtney has studied various styles of dance including classical ballet, character, repertoire, jazz and contemporary. In 2009 and 2010 Courtney successfully auditioned for Quantum Leap Youth Dance Company in Canberra and in 2014 Courtney entered Serenity, a self-choreographed piece, in the Short and Sweet Contemporary Dance Festival in Sydney.

In addition to studying dance, Courtney did further studies achieving a University Certificate in Health and Rehabilitation Science, this enabled her to further her knowledge of the body and muscle systems. Since becoming principal of Ballet Art Katoomba she has also started her own family and now has two beautiful young children.

Miss Sue

Classical Ballet and Conditioning

Susan has been teaching ballet in the Blue Mountains for the past 28 years. Prior to that she taught for (and trained at) Ecole Classique, under the tutelage of Prudence Bowen. Susan has a licentiate diploma through the Australian Institute of Classical Dance (AICD) in addition to a Certificate IV in Pilates Matwork and Reformer.

Susan's former students have:

- received full scholarships to The Royal Ballet School; The English National School; Ben Stevenson Academy (Houston); Heinz-Bosl Stiftung (Munich) and Ecole Superieure (Cannes).
- been accepted into The Australian Ballet School; New Zealand School of Dance; Scottish Ballet School; Pittsburgh Ballet Theatre; Western Australian Academy of Performing Arts; Victorian College of the Arts and London Central.
- danced with The Australian Ballet Company; LoCreado Dance Company; Opera Australia; Croatian National Theatre Company; Bangarra and Atlantic Southeast Ballet (Charleston).
- been awarded \$20,000 Mollie Askin travelling Scholarship; RAD \$5,000 Bursary (x2); Cecchetti \$7,000 Scholarship; Isobel Anderson awards; Finalist selections for the Sydney Scholarship and Semi-finalist Prix de Lausanne.

Susan has staged full-length productions of Peter Pan; Thumbelina; Cinderella; Wizard of Oz and The Nutcracker.

Susan is passionate about teaching ballet and dedicated to each of her students. Her primary goal (and satisfaction) is to help develop a love of ballet in her students.



Miss Natalie *Contemporary Dance*

Natalie began taking ballet classes at the age of 5 with Fiona James' Classical and Contemporary Dance, continuing to take lessons from her throughout her school years. During this time Natalie completed her RAD Grade 8 and Advanced Foundation exams, as well as studying contemporary dance where she performed and choreographed for local festivals and concerts.

Having lived in the Blue Mountains her whole life, Natalie went to Penrith High School where she became a Dance Leader, choreographing and teaching dance to fellow students in preparation for dance festivals, competitions and local performances. Natalie has taught both contemporary and ballet at Katoomba Dance Theatre prior to joining the teaching staff at Ballet Art Katoomba.

Natalie has recently completed her Certificate IV in Dance Teaching and Management and Borovansky Associate Diploma. She continues to take classes to maintain and expand her knowledge of the art form. She has also completed her Bachelor of Design in Interior and Spatial Design in 2016 and is currently working in the industry.

Miss Fiona *Adult Ballet*

Fiona has 50 years' experience as a performer and 20 years' experience as a teacher. She trained in classical ballet to the advanced levels, then took a sideways step and achieved qualifications in Science. While working in medical research for many years, she maintained her love of dance by taking classes and performing with the Bodenweiser Dance Studio, the premier contemporary dance venue in Sydney at that time.

After becoming a mother to 4 she gained her teaching qualification with the Royal Academy of Dance with distinction in 2003 and managed her own dance school from 1999 – 2015. She has since been teaching adult ballet classes for Rosatutu Dance Studio and a Seniors Contemporary dance group for Penrith Council and the Joan Sutherland Centre for the last 5 years.



2023 Term Dates

Term 1: Mon 6th Feb – Sat 8th April*

Term 2: Mon 24th April – Sat 1st July*

Term 3: Mon 17th July – Sat 23rd Sept

Term 4: Mon 9th Oct – Sat 9th Dec

*No Classes Sat 8th April due to Easter Saturday

*No Classes Tue 25th April due to Anzac Day

*No Classes Mon 12th June due to King's Birthday
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Classes in 2023

Ballet Classes

Not sure which class is the right one for your child? Here is a helpful guide to determine the appropriate grade for your child which is based on their year at school regardless of whether they have previously done ballet or not.

<i>Year at School</i>	<i>Ballet Grade</i>
18mths - 3yrs	Little Leapers – Grown Up and Me
3yrs - 5yrs	Preschooler
Kindergarten	Pre-Primary
Year 1	Primary
Year 2	Grade 1
Year 3	Grade 2
Year 4	Grade 3
Year 5	Grade 4
Year 6	Grade 5
Year 7	Grade 6
Year 8	Intermediate
Year 9	Advanced 1
Year 10	Advanced 2
Year 11 +	Open Class

Recommended classes for each level

Students at Ballet Art Katoomba can participate in either a ballet exam or assessment. While exams and assessments are optional, they are strongly encouraged as they give the students something to work towards and a sense of achievement. These are held annually towards the end of term 3. Below are the number of classes students must attend per week (all year) to participate in an exam.

Primary, Grade 1 - students attend 1 class per week and may participate in an assessment.

Grade 2, 3 - students attend two syllabus classes per week.

Grade 4 - students attend two syllabus classes per week. Students are also encouraged to attend the contemporary class (see below for further information).

Grade 5, 6 - students attend two syllabus classes per week and the junior conditioning class. Students are also encouraged to attend the contemporary class (see below for further information).

Intermediate, Advanced 1 - students attend two syllabus classes and the senior conditioning class. The open class and contemporary class are also recommended.

Advanced 2 - students attend two syllabus classes and the open class. The conditioning class and contemporary class are also recommended.



Little Leapers Classes

Little Leapers is a Grown Up and Me program for children aged 18 months to 3 years and a special grown up in their life. The first three years of a child's life is an important period of growth, exploration and wonder. Our Little Leapers classes support children's physical, cognitive, social and emotional development through the magic of play and make-believe. Whether flying in outer space, playing in the park or growing a magical garden, children will be captivated when they attend a Little Leapers class. Our classes are a gentle and positive way for our littlest dancers to try new things, meet new people and learn about the world around them.

Preschooler Classes

Our preschooler classes begin teaching many fundamental ballet steps in a fun and engaging way. We use lots of imagination and utilise a variety of props.

Parents stay and watch our preschooler classes. This allows the students to feel comfortable and confident in the space, however we ask parents watching to keep noise levels to a minimum to not distract the students. Once students move up to Pre-Primary parents no longer stay in the studio during lessons however the door is always open for you to look in.

Conditioning Classes

Our conditioning classes are Pilates based classes designed specifically for dancers to help with strength and flexibility for ballet. This class is important for all students in Grade 5 and above however it is a requirement for any female students wishing to progress onto pointe. These classes are highly beneficial for both exam and recreational students.

Contemporary Classes

Contemporary dance is based on ballet technique although with a freer range of movement. Students explore the full ranges of movement of their bodies through centre practice, floor work and more dynamic sequences around the room. Students will also discover improvisation and choreography.

Adult Ballet Classes

Our adult class is for adult dancers of all ages and levels of experience, from complete beginners through to more experienced dancers. Have fun expressing yourself through dance while getting fit. Gain strength and flexibility while exercising every part of your body, mind included! Work towards your goals in an encouraging, supportive and friendly environment.

The adult class is an open ballet class, beginning at the barre and then progressing into the centre. Dancers may finish after the first hour of class or they can continue on for an additional half hour of centre work. Exercises change weekly although the structure of the class remains the same. As the term goes on you will find yourself becoming more familiar with the individual steps and routines. Dancers are encouraged to work at their own pace.

Private Lessons

Private lessons are available for students wishing to further their training by working on a solo to be performed at eisteddfods throughout the year. If you are interested in a private lesson, please email Miss Courtney.



Fee Information 2023 Fees

All prices are inclusive of GST. Fees are per term and vary according to how many weeks in the term. An annual insurance and administration levy is charged to each student on enrolment. This is \$28 per student or \$45 per family.

<i>Little Leapers</i>	\$140 for 10 week term
<i>Preschoolers</i>	\$140 for 10 week term
<i>Pre-Primary</i>	\$140 for 10 week term
<i>Primary</i>	\$160 for 10 week term
<i>Grade 1</i>	\$180 for 10 week term

**We accept both the
Active Kids and Creative
Kids Vouchers, worth
up to \$300 off fees.**



Grade 2 – Grade 6	Total (10 week term)	Discount	Total Payable
No of classes per week (per student)			
Syllabus Only Package (2x 1hr Classes)	\$360	5%	\$342
Add ons – Syllabus Package plus:			
Junior Conditioning Class only	\$520	5%	\$494
Contemporary Class only	\$540	5%	\$513
Both Conditioning and Contemporary	\$700	10%	\$630

Intermediate and Advanced 1	Total Price (10 week term)	Discount	Total Payable
No of classes per week (per student)			
Syllabus Package (2x syllabus classes plus conditioning)	\$655	10%	\$589.50
Add ons – Syllabus Package plus:			
Open Class only	\$880	15%	\$748
Contemporary Class only	\$835	15%	\$709.75
Both Open and Contemporary	\$1060	20%	\$848

Advanced 2	Total Price (10 week term)	Discount	Total Payable
No of classes per week (per student)			
Syllabus Package (2x syllabus classes plus open class)	\$585	10%	\$526.50
Add ons – Syllabus Package plus:			
Senior Conditioning only	\$745	15%	\$633.25
Contemporary Class only	\$765	15%	\$650.25
Both Conditioning and Contemporary	\$925	20%	\$740

Open and Adult Classes	Total Price (10 week term)
Prices below are for one class per week only. Students who attend multiple classes will receive discounts based on the total number of hours	
Adult - 1hr Class	\$180
Adult - 1.5hr Class	\$270
Open - 1.25hr Class	\$225

Private Lessons	Total Payable
\$40 per ½ hour	\$400



Fee Policy

- Invoices are sent out at the beginning of each term; payment is due within two weeks.
- Payment can be made by direct deposit or cash (direct deposit payments are preferred). Cash payments must be given to a member of staff in an envelope clearly marked with the student's full name and class. Loose cash payments will not be accepted.
- We understand that families may experience financial difficulties from time to time. If you are unable to pay in a lump sum, please contact us to arrange a payment plan. If you need to arrange a payment plan you must get in contact with us within 7 days of the initial invoice being sent.
- If payment has not been received by the due date you will receive a reminder email. If payment has not been received by the end of the third week, a \$25 late fee will be added to your account. If you have only made a partial payment towards the account without getting in touch to set up a payment plan, then the full late fee will be added.
- If a payment plan has been set up payments must be made on time. If payments are late your account will have the full late fee added.
- If no payment has been received within a week after the late fee is added your child will be unable to participate in classes until payment has been received in full (no concessions will be made on the invoice for the lessons your child has been unable to participate)
- Enrolment is for the calendar year. Fees are paid per term. If your child will not be continuing classes the following term we must receive written notification (by email) by the end of the current term otherwise four weeks fees will be owed.
- Missed classes will not be refunded or credited, however students may make-up any missed classes by attending the class above or below their grade.
- Classes are not held on Public Holidays. Any classes missed due to a public holiday will not be refunded or credited however students may make-up any missed classes by attending the class above or below their grade.
- In the case of extreme weather conditions (including but not limited to snow or fire) classes may need to be cancelled for the safety of our students and teachers. In these situations, classes will not be refunded or credited although students are welcome to attend another class for a make-up lesson.
- In the case of government closures classes will continue on Zoom. If you need to put your child's enrolment on hold while classes are online, you must email us before their first online class. If an email is received, we will credit fees towards future in person classes. If an email is not received classes must be paid for as normal.
- We offer a 10% family discount (applied to the youngest student's fee package only; only one discount per student is valid). Please note this discount applies to class packages only and excludes private lessons and uniform items.

Private Lessons

- Private lessons must be pre-paid at the beginning of each term. If your child will be unable to attend their regular private lesson, it is your responsibility to give Miss Courtney 24hrs notice or the full fee will be charged. If adequate notice is given, we will try to either arrange another time for the private or we will credit the private towards the following terms fees.
- Outstanding invoices may result in your child's private lessons being cancelled and their timeslot being reallocated. If too many privates are missed they may be unable to participate in eisteddfods.



How to Enrol

To secure your child's spot please return the 2023 enrolment form. If you would like to enrol more than one student, you may enter the details for all students using the one enrolment form. Return the completed form by email and you will receive a reply confirming your enrolment. If the class has reached capacity we will contact you to discuss options.

Your child is welcome to trial the class first. Correct uniform is not necessary for the trial, students can wear anything they can move in and feel comfortable wearing. Correct uniform can be organised after the trial.

Uniform

For your convenience, all uniform items are available to purchase from the studio. Students wear the same colour leotard and skirt. Pre-Primary and Primary are in light blue; Grade 1,2 and 3 wear cornflower blue; Grade 4, 5 and 6 are in all navy blue and our majors (Intermediate, Adv 1 and 2) wear Boysenberry.



These uniforms and colours were new for our school in 2022 so some of our returning students may still be wearing our old uniform for a little while. In addition, any remaining stock of our old uniform will be on sale until sold out.

There is no uniform for little leaper and preschooler students, they are welcome to wear anything comfortable they can move in. Ballet shoes are available to purchase from the studio although bare feet are also fine.

Annual Ballet Concert

Ballet Art Katoomba has an annual end of year performance which is designed to be of minimum stress and expense for parents while providing children with the opportunity to perform on stage. Our concert is held on the last Saturday of term 4. Costumes for the concert are hired from the school.

